

# Pharmaceutical Softgels





## NSAIDs

Composition	Indication	Dosage & Administration	Shelf life
Aceclofenac 100mg	Relief of pain and inflammation in osteoarthritis, rheumatoid arthritis and ankylosing spondylitis, periarthritis scapulohumeralis, toothache, inflammation caused by trauma, lumbago, ischialgia, episiotomia and after delivery, non-arthritis rheumatism	1 capsule, 2 times daily	36 months
Naproxen 250mg	Osteoarthritis, rheumatoid arthritis, ankylosing spondylitis, dysmenorrhea, acute musculoskeletal disorders, minor pains with cold, headache, etc.	- Arthritis, ankylosing spondylitis: 1-2 capsules, 2 times daily up to 6 capsules - Pain reduction: 2 capsules, 1 time daily	36 months
Clonixin lysinate 125mg	Relief of pain due to rheumatoid arthritis, myalgia, neuralgia, headache, odontalgia	1-2 capsules, 3-4 times daily	36 months
Ibuprofen 200mg, 400mg	- Low Dose (<1200 mg/day) Symptomatic treatment of pains and fever - High Dose (>1200 mg/day) Long-term symptomatic treatment of chronic rheumatoid arthritis, Short-term symptomatic treatment of acute phase of periarthritis, traumatism, dysmenorrhea	- Analgesic and Antipyretic: Initially 200-400mg, then when necessary, repeat this dosage every 4-6 hours - Rheumatism: Initially 2,400mg/day, and then maintain 1,200-1,600mg/day - Dysmenorrhea: 400mg, 3-4 times daily	36 months
Dexibuprofen 300mg	Osteoarthritis, chronic multiple arthritis, rheumatic arthritis, arthrosis, ankylosing spondylitis, muscular rheumatism, posttraumatic and postoperative painful edema or inflammation, infections with inflammation, pain and fever, dysmenorrhea, toothache	1 capsule, 3-4 times daily with or after meals Daily dose up to 4 capsules (1,200mg/day)	24 months

## Gastrointestinal agents

Composition	Indication	Dosage & Administration	Shelf life
Trimebutin maleate 100mg Dehydrocholic acid 25mg Pancreatin 150mg Simethicone 300mg Bromelain 50mg	Gastric or duodenal dyspepsia, secretion disorder of bile acid and pancreas, irritable bowel syndrome, atonic or enterokinetic constipation, indigestion, diarrhea	2 capsules, 3 times daily before meals	36 months
Alverine citrate 60mg Simethicone 300mg	Relief of muscle spasm caused by gastrointestinal disorders, flatulence and abdominal discomfort due to excess gastrointestinal gas	1 capsule, 2-3 times daily before meals	36 months

## Benign prostatic hyperplasia

Composition	Indication	Dosage & Administration	Shelf life
Dutasteride 0.5mg	Benign prostatic hyperplasia (BPH), reduction in the risk of acute urinary retention(AUR)	1 capsule, 1 time daily & 6-month administration is recommended.	36 months

## Vaginal infection (Vaginal suppositories)

Composition	Indication	Dosage & Administration	Shelf life
Neomycin sulfate 35,000 IU Nystatin 100,000 IU Polymycin B sulfate 35,000 IU	Bacterial and mixed vaginal and cervico-vaginal infections (In combination with candida albicans)	1 capsule daily at bedtime for 12 days	24 months
Nifuratel 500mg Nystatin 200,000 IU	Vaginitis due to susceptible strains; candidas, trichomonas, bacterium vulvovaginitis	1 capsule daily at bedtime for 10-12 days	36 months
Promestrien 10mg	Vulvo-vaginal trophic disorders due to estrogen deficiency, atrophic vaginitis	1 capsule daily for 20 days	36 months
Clotrimazole 100mg, 500mg	Susceptible fungi infections including vulvovaginal candidiasis, trichomonas	100mg daily at bedtime for 6 days, or 500mg once at bedtime	36 months

## Ophthalmic agent

Composition	Indication	Dosage & Administration	Shelf life
Vaccinium myrtillus ext. 170mg	Retinopathy and ocular vascular disorders with diabetes or hypertension, severe myopia, nightblindness	1 capsule, 1-2 times daily after meals	24 months

## Agents for liver diseases

Composition	Indication	Dosage & Administration	Shelf life
Ursodeoxycholic acid 150mg, 200mg, 300mg	<ul style="list-style-type: none"> <li>- Adjunctive treatment of cholesterol gallstones, cholecystitis, inflammation of biliary track</li> <li>- Dyspepsia, anorexia due to biliary disorders</li> <li>- Improvement of hepatic function</li> </ul>	3-4 capsules daily	36 months
Taurine 300mg Ginseng dried ext. 50mg Ursodeoxycholic acid 25mg Thiamine nitrate 5mg Inositol 10mg	<ul style="list-style-type: none"> <li>- Improvement of hepatic function in chronic hepatopathy</li> <li>- Improvement of fatigue, dyspepsia, anorexia due to biliary disorders</li> <li>- Protection and recovery of hepatic cells before or after drinking</li> </ul>	1 capsule, 2 times daily after meals	36 months
Ursodeoxycholic acid 50mg Thiamine nitrate 10mg Riboflavin 5mg	<ul style="list-style-type: none"> <li>- Adjunctive treatment of chronic hepatic diseases</li> <li>- Improvement of fatigue, dyspepsia, anorexia due to biliary disorders</li> <li>- Protection and recovery of hepatic cells before or after drinking</li> </ul>	1 capsule, 3 times daily after meals	36 months
L-ornithine-L-aspartate 150mg, 200mg, 300mg, 500mg	Hyperammonemia in acute or chronic liver diseases, particularly incipient disturbances of pre-coma, coma and hepatic encephalopathy, manifestations of pruritus, anorexia, fatigue, asthenia, urticaria	1-3 capsules, 3 times daily after meals for 1-2 weeks and then 1 capsule, 3 times daily for 4-5 weeks	36 months



Composition	Indication	Dosage & Administration	Shelf life
L-ornithine-L-aspartate 80mg Garlic ext. 1mg Tocopherol acetate 50mg	Supplementary treatment for acute & chronic hepatic disorders, liver detoxification, lowering blood cholesterol, antioxidation	1 capsule, 2 times daily	36 months
Arginine tidiacicate 200mg, 400mg	Hepatic failure, toxic hepatic disorder, precirrhotic conditions, hepatitis B	1 capsule, 1-2 times daily after meals	36 months
Arginine tidiacicate 200mg Thiamine nitrate 10mg Riboflavin 5mg Ascorbic acid 70mg	Hepatic metabolism disorder due to alcohol, toxics & fatty liver, initial hepatocirrhosis, insufficiency of liver function, hepatitis, asthenia, anorexia, convalescence, geriatrics.	1 capsule, 2 times daily	36 months
Carduus marianus ext. 175mg (60mg as Silybin)	Liver deficiency, acute or chronic liver diseases, cirrhosis, detoxification	1 capsule, 2-3 times daily	36 months

## Agents for osteoporosis

Composition	Indication	Dosage & Administration	Shelf life
Alfacalcidol 0.25mcg, 0.5mcg, 1mcg	Renal osteodystrophy, osteoporosis, hyperparathyroidism, hypoparathyroidism, hypophosphataemic vitamin D resistant rickets and osteomalacia	0.5-1mcg daily, the dose should be adjusted to avoid hypercalcemia, according to the biochemical response	36 months
Calcitriol 0.25mcg	Renal osteodystrophy, chronic renal failure, osteoporosis, hypoparathyroidism, vitamin D dependent rickets, vitamin D resistant rickets	Renal osteodystrophy: Initially 0.25mcg, and then 0.5-1mcg daily Postmenopausal osteoporosis: 0.25mcg daily Hypoparathyroidism & rickets: 0.25mcg daily in the morning 2-3 times weekly	36 months

## Vitamin B deficiency

Composition	Indication	Dosage & Administration	Shelf life
Cyanocobalamin 200mcg Thiamin nitrate 100mg Pyridoxine HCl 200mg	<ul style="list-style-type: none"> <li>- Peripheroneural disorders: Polyneuritis, neuralgia, scapulohumeral syndrome, lumbago, acroanesthesia</li> <li>- Neuropathy due to diabetes mellitus, drug and alcoholism.</li> <li>- Supportive treatment in arthralgia.</li> <li>- Disorders in vitamin B<sub>1</sub>, B<sub>6</sub>, B<sub>12</sub> deficiency: beri-beri, peripheral neuritis, sideroblast anemia, convulsion of children due to pyridoxine deficiency</li> </ul>	1 to 3 capsules daily	24 months

## Cold / Flu drugs

Composition	Indication	Dosage & Administration	Shelf life
Benzonatate 200mg	Symptomatic relief of cough	Adults and children over 10: 1 capsule, 2-3 times daily as required	24 months
Codein phosphate 10mg Guaifenesin 100mg	Temporary control of cough with minor throat and bronchial irritation	Adults and children over 12: 1-2 capsules every 4-6 hours daily up to 12 capsules daily	36 months
Codein phosphate 10mg Acetaminophen 100mg	Relief of mild to moderate pain and fever	Adults and children over 12: 1-2 capsules every 3-4 hours as required up to 8 capsules daily	36 months
Chlorpheniramine maleate 4mg dl-Methylephedrine HCl 25mg Guaifenesin 100mg Dextromethorphan HBr 20mg	Multi-symptomatic treatment of cough, sputum, runny nose, sneezing and nasal congestion	1 capsule, 3 times daily after meals	24 months
Myrtol 120mg, 300mg	Acute-chronic bronchitis, paranasal sinusitis, sputum elimination	120-300mg, 3-4 times daily before meals	24 months
Acetaminophen 325mg Dextromethorphan HBr 10mg Phenylephrine HCl 5mg	Relief of cold, flu symptoms: headache, sore throat, fever, cough, runny nose, nasal & sinus congestion	Adults and children over 12: 2 capsules, every 4 hours	36 months
Acetaminophen 325mg Dextromethorphan HBr 10mg Doxylamine succinate 6.25mg Phenylephrine HCl 5mg	Relief of cold, flu symptoms: headache, sore throat, fever, cough, runny nose, nasal & sinus congestion	Adults and children over 12: 2 capsules, every 4 hours	36 months
Acetaminophen 325mg Chlorpheniramine maleate 2mg Dextromethorphan HBr 10mg Phenylephrine HCl 5mg	Relief of cold, flu symptoms: headache, sore throat, myalgia, arthritis, fever, cough, stuffiness, rheumy and sinusitis	Adults and children over 12: 2 capsules, every 4 hours	36 months
d-Chlorpheniramine maleate 2mg dl-Methylephedrine HCl 18mg Belladonnae ext. 10mg Lysozyme chloride 10mg	Coryza (acute rhinitis), allergic rhinitis, sinusitis: nasal discharge, sneezing, nasal obstruction, sore throat	1 capsule, 3 times daily after meals at intervals of more than 4 hours	24 months

## Immunosuppressant

Composition	Indication	Dosage & Administration	Shelf life
Microemulsified cyclosporin 25mg, 100mg	Transplantation of organ, viscera, bone marrow	10-15mg/kg divided into 2 times 12 hours prior to transplantation, post-operatively, 10-15mg/kg daily for 1-2 weeks and then reduced to 2-6mg/kg daily as maintenance dose	36 months

## Calcium channel blocker

Composition	Indication	Dosage & Administration	Shelf life
Nifedipine 5mg, 10mg	Coronary heart disease (Chronically stable angina pectoris, Prinzmetal's variant angina), hypertension, Raynaud's phenomenon	1 capsule, 2-3 times daily	24 months

## Periodontal remedy

Composition	Indication	Dosage & Administration	Shelf life
Zea mays L. ext. 35mg	Periodontal diseases; periodontitis, periodontosis, gingivitis	- Initial dose: 2 capsules, 3 times daily before meals - Maintenance dose: 1 capsule, 3 times daily before meals	24 months

## Dermatological agent

Composition	Indication	Dosage & Administration	Shelf life
Isotretinoin 10mg, 20mg	- Severe nodulocystic acne - Treatment of patients unresponsive to conventional acne therapies	Initially, 0.5mg/kg daily for 4 weeks, and then maintain 0.1-1mg/kg daily	36 months

## Anti-epileptic agent

Composition	Indication	Dosage & Administration	Shelf life
Valproic acid 500mg	Generalized, partial or other epilepsy, mania associated with bipolar disorders	- Epilepsy: 1,000-2,000mg daily, may be further increased to 2,500mg daily - Bipolar disorder: Initial dose: 20mg/kg daily maintenance dose: 1,000-2,000mg daily - Max. dose: 3,000mg daily	36 months

## Cerebral activators

Composition	Indication	Dosage & Administration	Shelf life
Choline alfoscerate 400mg	Prevention and treatment of secondary symptoms due to cerebrovascular defect, degenerative or organic brain syndrome: Alzheimer's disease, senile dementia, memory loss	1 capsule, 2-3 times daily	36 months

